

# *Pin - Parvati Pass Trek*

## **(Manikaran-Kaza)**

**Route :** Chandigarh – Mandi- Bhunter –Manikaran – Spiti – Manali - Chandigarh

**Total Duration :** 19 Days

**Days on Trek:** 11-12 Days

**Maximum Elevation:** 5300 Meters Above sea Level

**Starting Point of the Trek:** Barsheni

**Rating:** Strenuous

**Best time:** July & August

### **Highlights:**

This is one of the most spectacular treks in the region that takes one from the lush green Parvati valley in Kullu to the stark and barren Pin valley in Spiti.

On the way is the high-altitude Maltalai lake and the Pin Parvati Pass.

The trek's route borders the Pin Valley National Park, known for sighting of the elusive snow leopards and the Great Himalayan National Park that is famous for sightings of rare Himalayan birds like the Western Tragopan.

## *Preview of the Trek*

Day 01: Chandigarh to Bhuntar 6hrs

Day 02: Bhuntar - Manikaran –

Barsheni (3020m)

3 hours

Khirganga is a hot spring where Lord Shiva is said to have meditated. The difference between the spring here and in Manikaran is that after a bath in Khirganga, your skin will feel clammy and greasy whereas after a bath in the spring at Manikaran, your skin will feel dry.

Day 03: Barsheni - Khirganga – (3285m)

Duration: 5 hours

The trek commences through dense forests and flower-strewn meadows. The progress is gradual and slow as it's a steep climb to Tunda Bhuj.

Day 04: Khirgana -Tunda Bhuj (3620m)

Duration: 6 hours

The trail continues through a landscape strewn with waterfalls, lakes and meadows till Thakur Kuan.

Day 05: Tunda – Bhuj -Thakur Kuan (3800m)

Duration: 5-6 hours

It's another day of steep climb to reach the high altitude meadow of Odi Thach. On the path, you will cross the Pandu

Bridge, which is made of a single rock on the river Parvati. It is said to be made by the Pandavas during their exile in the Himalayas.

Day 06: Thakur-Kuan - Odi Thach (4115m)

Duration: 9 hours

The trek up to Mantalai lake is a gradual climb. Once at the lake, you can see the Mantalai Glacier, which is the source of the river Parvati.

Day 07: Odi Thach

Rest day.

Day 8: Odi Thach - Mantalai

Duration: 7 hours

Ascend to the base camp of Mount Parvati which also serves as the base of the pass.

Day 09: Mantalai - Base of Pin Pass – (4300m)

Duration: 8 hours

Day 10: Base of Pin - Campsite over Pin Pass –(4110m)

Duration: 5 hours

A steep climb takes you to Pin Pass (5300m). At the top of a large snow filled, crevassed hollow leads to the broad rocky saddle of the pass. At the top, one can see a splendid view of the snowy mountains of Hampta region on one side and the Pin valley of Spiti on the other.

Day 11: Campsite over Pin Pass - Tiai (3700m)

Duration: 5 hours

Trek along the Pin river in to the Pin Valley National park.

Day 12: Tiai – Mud (3650m)

Trek through the barren, stark landscape of Spiti to Mud, a pretty village perched on a hillside. We will camp here for the night.

Day 13: Drive from Mud to Kaza.

Day 14: Site Seeing in Spiti valley. Tabo Monestary

Day 15: Spiti valley. Ki Monestary, Dunkar Monestary

Day 16: Drive full day Spiti valley to Manali.

Day 17: Rest in Manali.

Day 18: drive 6-7 hrs Manali to Chandigarh stay in the Hotel.

Day 19: fly out