

# *Pot La Pass Trek*

*(Jammu to Zaskar - Ladakh)*

**Route:** Jammu – Kishtwar – Gulabgarh – Zaskar – Kargil - Ladakh

**Total Duration:** 19-20 Days

**Days on Trek:** 11 Days (2 days rest)

**Maximum Elevation:** 5250 Meters Above sea Level

**Starting Point of the Trek:** Gandhari Morh

**Rating:** Strenuous

**Best time:** August - September

## **Highlights:**

Crossing from green Pangri to arid Zaskar valley, this trek goes over two passes. First the Mun La Pass (4850) and then The Pot La Pass (5250m). Although it is a high pass, its dryness makes it relatively easy and safe.

Many Hindu and Buddhist villages and temples are situated in these parts. As well as Punjabi Shepard's stone huts.

This trek is suited to experienced eager hikers.

## *Preview of the Trek*

Day 1: Jammu to Kishtwar 5-6 hrs drive.

Day 2: Kishtwar to Gulabgarh 3-4 hr drive.

Day 3: Gulabgar to Gandhari 3 hr Drive and 4 hrs hike

Day 4: Chathang to Snouth thang 3-4 hr hike

Day 5: Snouth thang to chandi padhar 5-6 hr hike

Day 6: Chandi padhar to munla base camp 5-6 hr hike

Day 7: Munla base camp over Munla pass (4850m) to Pil Thang 6-7 hr hike. Trekking in compact snow.

Day 8: Pil thang to Dharlang valley 5-6 hr

Day 9: Rest in Dharlang Valley

Day 10: Dharlang to Chamik Nakpo 6-7 hr  
Day 11: Chumik Nakpo to Zall (Pot la Base camp) 6-7hr hike  
Day 12: Zall to Base Camp 2, over Pot La Pass (5250m) 7-8 hrs.  
Trekking in compact snow.  
Day 13: Base camp 2 to Ating Doksa (*cattle shed*) 6-7 hrs.  
Day 14: Ating Doksa to Ating village 5-6 hrs.  
Day 15: drive Ating Village to Padem 2 hrs.  
Day 16: Padem monestary vists  
Day 17: Padem to Rang Dum drive 5-6 hr  
Day 18: Rang Dum to Kargil 5-6hr drive  
Day 19: Kargil to Ladakh 5-6hr drive  
Day 20: Final Departure flight.